



**AUGUST 3, 2012**

Welcome to this week's edition of the E-Update, which contains information related to integration and your PBHCl grant project activities.

*Have a technical assistance need? Send all requests to Emma Green at [emmag@thenationalcouncil.org](mailto:emmag@thenationalcouncil.org) or call at 202-684-7457, ext. 251. The Center for Integrated Health Solutions provides technical assistance in all areas related to your integration efforts, including workforce issues, registries, wellness and health promotion, substance use, and peer support.*

Visit the PBHCl Grantee web page: <http://www.integration.samhsa.gov/pbhci-learning-community>  
Subscribe to the PBHCl Grantee list-serv: <http://lists.centerforintegratedhealthsolutions.org/mailman/listinfo/pbhci-grantees>  
Post messages on the PBHCl Grantee list-serv: [pbhci-grantees@lists.centerforintegratedhealthsolutions.org](mailto:pbhci-grantees@lists.centerforintegratedhealthsolutions.org)

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- National Wellness Week 2012 Town Hall Kickoff- August 9, 2012 (see attached)

### New on the CIHS Website

- eSolutions
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- NNED Grant Opportunities

## UPCOMING WEBINARS

### **PBHCl Finance Webinar: Does Your HIT Support Good Billing Practice?**

Thursday, August 16, 2012

1:00 – 2:30 PM EST

To register: <https://www2.gotomeeting.com/register/850833170>

CIHS is hosting a series of webinars related to billing, reimbursement and sustainability. August's webinar will cover

using HIT to support good billing practice. Kathy Reynolds, Senior Consultant, SAMHSA-HRSA Center for Integrated Health Solutions, and Vice President, Health Integration and Wellness Promotion, National Council for Community Behavioral Healthcare, will present.

**Motivational Interviewing Webinar Series: *Helping People Embrace Behavior Change in Healthcare Settings***

Healthcare professionals often struggle to understand why those they serve don't follow a care plan to address their health and/or behavioral health conditions. While many effective treatment approaches exist for individuals who are ready to make health-related changes, helping these individuals explore the impact of their conditions, consider what to do, and adhere to a treatment regimen can create unique challenges that the healthcare system is less prepared to address. The SAMHSA-HRSA Center for Integrated Health Solutions' 3-part webinar series — *Helping People Embrace Behavior Change in Healthcare Settings* — will provide primary and behavioral healthcare staff strategies to support individuals' readiness for health-related behavior change using motivational interviewing.

An evidence-based approach with demonstrated efficacy in both behavioral and primary healthcare settings, motivational interviewing is a collaborative, person-centered form of guidance to elicit and strengthen an individual's own motivation for change. It includes the person as an active partner in their health-related change process.

Intended to offer participants concrete skills they can use in their practice, this 3-part webinar series is designed to be useful regardless of whether you can participate in one, two, or all three webinars.

**1. Engaging People in Discussions about Health-Related Changes**

Wednesday, August 15, 2012, 2:00–3:30 PM EST

To register: <https://www2.gotomeeting.com/register/187390882> *Space is limited.*

Presenter: Jeremy Evenden, MSSA, LISW-S, Consultant and Trainer, Center for Evidence-Based Practices at Case Western Reserve University

*Engaging People in Discussions about Health-related Changes* is designed for those who serve people with behavioral and/or primary healthcare needs (e.g., clinical staff, support staff, peers). Participants will learn about the change process and important considerations when engaging people in behavior change discussions.

**2. Enhancing Strategies to Promote Individual Change in Primary Healthcare Settings**

Wednesday, September 5, 2012, 2:00–3:30 PM EST

To register: <https://www2.gotomeeting.com/register/380044602> *Space is limited.*

Presenter: Deborah Myers, M.Ed., PCC-S, consultant and trainer, Center for Evidence-Based Practices at Case Western Reserve University and its Ohio Substance Abuse and Mental Illness Coordinating Center of Excellence initiative

*Enhancing Strategies to Promote Individual Change in Primary Healthcare Settings* is designed for primary care staff working in an integrated care setting. Participants will learn skills that increase individuals' likelihood of understanding information and helping individuals develop motivation and consider steps toward health-related changes.

**3. Enhancing Strategies to Promote Individual Change in Behavioral Healthcare Settings**

Wednesday, September 19, 2012 2:00–3:30 PM EST

To register: <https://www2.gotomeeting.com/register/224378850> *Space is limited.*

Presenter: Jeremy Evenden, MSSA, LISW-S, consultant and trainer, Center for Evidence-Based Practices (CEBP) at Case Western Reserve University

Targeted for behavioral health staff working in an integrated care setting, *Enhancing Strategies to Promote Individual Change in Behavioral Healthcare Settings* will teach participants how to evaluate the importance an individual places on particular behavioral change and approaches to help the individual consider the limitations and benefits of a potential change. Emphasis will be placed on recognizing and reinforcing when an individual is moving toward change.

**Summer Webinar Series 2012 Addictions and Their Treatment**

Hosted by American Academy of Addiction Psychiatry

Webinar courses running on Mondays in through August 20, 2012

12:00 PM - 1:00 PM EST

Click [here](#) to register

Topics:

August 6, 2012 Tobacco Use Disorders and Smoking Cessation

August 13, 2012 Club Drugs/ Marijuana Use Disorders

August 20, 2012 Opioid Use Disorders

CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Warren Alpert Medical School of Brown University and American Academy of Addiction Psychiatry. The Warren Alpert Medical School of Brown University is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Warren Alpert Medical School of Brown University designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Objectives:

At the conclusion of this series, participants should be able to:

1. Describe new advances in the pharmacotherapy and psychotherapy of alcohol, cocaine, opioid and nicotine addictive disorders
2. Discuss the epidemiology of substance use disorders and their co-occurrence with other mental disorders
3. Describe the role of genetics in the risk for developing alcohol and drug use disorders
4. Identify the major neurobiological pathways involved in the addictive disorders
5. Identify the molecular mechanisms that are altered following drug and alcohol use
6. Assess appropriate treatment to most effectively address patients' substance use and mental health disorders and develop strategies for implementation

## FALL LEARNING COMMUNITY REGIONAL MEETINGS

**Register Now!**

The SAMHSA-HRSA Center for Integrated Health Solutions is excited to offer you an opportunity to join your fellow grantees for a 1½ day in-person regional meeting. This meeting is an important part of the PBHCI Learning Community designed to support your integration efforts and address your needs. The dates and locations of the regional meetings are listed below.

Region	Dates	Location	Registration Link	Hotel Deadline
West (1)	Aug 23-24	Portland, OR	<a href="http://form.jotformpro.com/form/21524039656959">http://form.jotformpro.com/form/21524039656959</a>	Aug 3
Central (2)	Sept 6-7	Phoenix, AZ	<a href="http://form.jotformpro.com/form/21524585332956">http://form.jotformpro.com/form/21524585332956</a>	Aug 22
Southeast (3)	Sept 27-28	Tampa, FL	<a href="http://form.jotformpro.com/form/21524685730959">http://form.jotformpro.com/form/21524685730959</a>	Aug 30
Midwest (4)	Sept 20-21	Chicago, IL	<a href="http://form.jotformpro.com/form/21524226908957">http://form.jotformpro.com/form/21524226908957</a>	Aug 17
Northeast & Mid-Atlantic (5)	Sept 13-14	Hartford, CT	<a href="http://form.jotformpro.com/form/21524484585964">http://form.jotformpro.com/form/21524484585964</a>	Aug 22

Hotel information, including the address, rate, and how to make reservations can be found on the grantee web page. To access, visit <http://www.integration.samhsa.gov/pbhci-learning-community>. Grantees are responsible for making their own hotel reservations. *Please note the cutoff date for reserving hotel rooms at the group rate (see*

above).

**Who Should Attend:** Grantees should consider sending staff most closely involved in the implementation of the PBHCI project, including the project director, primary care partner, evaluator, wellness coordinator, and key HIT and clinical staff.

**Travel Scholarships:** In the event that PBHCI funds cannot support travel to the regional meeting, CIHS is offering a limited number of scholarships to help offset costs. Scholarships of up to \$600 per person may be used for transportation and hotel stay. There is a limit of one scholarship per grantee site; however, the \$600 stipend may be split among multiple individuals. To submit a scholarship request, e-mail Emma Green at [emmag@thenationalcouncil.org](mailto:emmag@thenationalcouncil.org).

**Meeting Agenda:** The meeting will begin at 1:00 pm on the first day and finish by 3:30 pm on the second day. Unfortunately, we will not be able to provide food at this meeting. The agenda includes many different topics for discussion as well as multiple opportunities to network with other grantees. CIHS Liaisons will share the agenda with grantees prior to the July regional group calls. Grantees will have an opportunity to provide feedback on the agenda during these calls.

## RESOURCES

### Webinars

How Physicians and Consumers are Working Together to Create Rational Conversations about Care Choices, September 5, 2012, 1-2pm, [Registration](#)

Speakers: Daniel Wolfson, Executive Director of the ABIM Foundation and John Santa, MD, Director of the Health Ratings Center, Consumer Reports

**National Wellness Week 2012 Town Hall Kickoff- August 9, 2012 (see attached for detailed information)**

## NEW ON THE CIHS WEBSITE

### Homepage

eSolutions- [Care Coordination, July 2012](#)

### Under Workforce

[Care Coordination page](#) with resources added

### Under Financing/Grant Opportunities

National Network to Eliminate Disparities in Behavioral Health (NNED) Grant Opportunities- [Upcoming Government and Foundation grant opportunities.](#)

*The SAMHSA-HRSA Center for Integrated Health Solutions is a national training and technical assistance center dedicated to promoting the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings.*

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